



WOLSEY ROAD CLUB

NEWSLETTER NO 205

JANUARY 2008

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A Happy New Year to you all and let's hope it is a safe and successful one in whatever you do.

Enclosed is a new issue of the Club Rules and Club Records incorporating changes made last year. These are both dated 2008 and replace all earlier issues.

CLUB DINNER

This will be held at the Holiday Inn, Ipswich on 10th February 2008 and for which the menu is now available. Bookings to Sue Page or Maureen Nichols, all details in "Diary Dates". Donations for Raffle prizes would be appreciated.

CLUB SUBSCRIPTIONS

A first reminder, although I hope it is unnecessary, that Club subs were due on 1st January. Please forward cheques, payable to Wolsey Road Club, to Olive Forsbrook, Rondo, Lower Farm Road, Ringshall, Stowmarket, IP14 2JE. Seniors £10, under 18 and 2nd claim £5.

CLUB TIME STANDARDS

Colin Kindred: Tel 01473 463009 is now taking entries for Club Time Standards for the current year.

60p per distance covers all rides after you have entered and gains you a certificate for beating the times set out in the Club Rules. At the end of the season you have the choice to pay an extra £2 per standard gained and have a medal instead of a certificate. If you gain 3 or more standards you can have a plaque instead of medals.

QUALIFYING COURSES

A reminder that 50-mile events on E and F courses now count for Club Championships.

COMMITTEE MEETING 7TH JANUARY

- Apologies Mark, Bob
- The Club has received an email warning of occurrences of large-scale theft of bikes, particularly in Essex, while groups are at organised stops. At Pleshey there was in instance of eight cycles being taken. So beware!
- It was decided to look into the purchase of two large race signs and a new set of marshal tops. It appears that CTT is providing clubs that promote Club events with a set of signs.
- The Club has applied for the early ECCA 10 in which to provide three marshals.
- In conjunction with the change of Treasurer it was agreed to investigate the possibility of using a Building Society (Club Investment Account).
- An estimate has been obtained for renovating the Club's Felixstowe Trophy and it was agreed to take no action until a use is found for the cup.

- It was agreed that the Club's website needs updating and steps will be taken to organise this.
- The Tower Street room will be booked for meetings on 8th September and 17th November.
- Next Meeting 18th February.

EAST DISTRICT CA SHORT DISTANCE CHAMPIONSHIP – 2007

The result table for 2007 shows a decrease of one qualifier from last year, with numbers down to 33 including one lady. The list includes three members with Bob Quarton in 16th place at 24.154mph, Mick Pepper 27th (22.159mph) and Roger Selmes 31st (21.289mph). For 2008 the 50-mile distance will be dropped and the competition will now be based on the average speed over 4 x 10 miles and 3 x 25 miles.

VTTA NATIONAL 3 DISTANCE COMPETITION –2007

The final table of 154 qualifiers includes two club members with Mick in 33rd place with a PB plus of 139 min 20 sec over 25,50 and 100 miles and Bob 75th with a 103 min 26 sec plus.

DIARY DATES

January

20th East District CA and SPOCO (East) Prize Presentation, Roydon Village Hall 1pm. Reliability Trial 40km at 10.00 followed by food.

27th CC Sudbury Reliability Trials. Stevenson Centre, Great Cornard at 09.30.

February

3rd CTC Suffolk Reliability Trials. 50km and 100km.

HQ Bredfield Village Hall from 09.00. £3

Judith Gunion 01473 741992

9th Norfolk CTC Audax Rides 200km at 08.00, 100km at 09.00

John Innes Centre, Norwich. Keith Harrison

10th

Wolsey RC and CTC Suffolk 80th Year

Annual Lunch and Prize Presentation. Holiday Inn, Ipswich.

1.30 for 2.00 pm. Tickets £15.00. Cheques payable to "CTC Suffolk"

Available from Maureen or Sue Page 18 Eccles Road, Ipswich IP2 9RG

Starters		Main Course		Puddings		Special diets?
Prawn Cocktail		Roast Beef with Yorkshire pudding		Fruits of Forest Cheesecake		
Country Pate		Chicken breast in mushroom sauce		Apple pie with custard		
Fan of Melon		Salmon Supreme		Fresh Fruit salad		
Vegetable Soup		Vegetable Lasagne with salad				

17th Stowmarket and DCC Reliability Trials. The Green Room Community Centre, School Lane, Needham Market. 100km 09.30. 50km 10.00.

John Adams 01473 724285

18th Wolsey RC Committee Meeting – Diamond Close

23rd Victoria CC Audax Rides 100km and 50km. Henham.

Kieron Yates 02085 251011

March

2nd Ipswich BC Reliability Trials. Playford Village Hall.

8th Shaftsbury CC Audax Rides 150km, 106km Henham.

Tim Stout, 01708 641965

16th Comrades CC Audax Rides 207 km, 156km and 103km. Henham.

Terry Anderson 01245 467683